



THE ACADEMY OF CHOICE FOR JOCKEY TRAINING

NEWSLETTER January 2012

"Cheers to a new year and another chance for us to get it right".

Oprah Winfrey

From the Headmaster's desk...

Dear Parents and Friends of the Academy

A new year has arrived, with new beginnings for some and another level for others. The beginning of new times, new challenges, new experiences and new opportunities.

"This time, like all times, is a very good one if we but know what to do with it." Ralph Waldo Emerson, American author, poet & philosopher (1803 - 1882)

As Ralph Emerson said about time, "this time" will only be good if we "know what to do with it". We need to use our time constructively, and to make the most of it.

I am very privileged to report that the matric class of 2011 did not let us down, and in true Academy tradition produced a 100% pass rate. The apprentices to mention are Andile Ngcobo, Gerrit Olwagen and Tshepiso Mashaba who achieved the minimum requirement, to study a Bachelors degree at university. Andile and Tshepiso both obtained distinctions in isiZulu, First Additional Language and Life Orientation. Gerrit's total aggregate afforded him entry in to university – well done!

We welcomed the first year apprentices who arrived on the 9th January 2011. One could see the apprehension on their faces, of both the new recruits as well as the parents. The group has settled in well and has made pleasing adjustments to their new surroundings and environment.

After signing the necessary insurance paperwork, they were all put onto a horse. Initially on the lunge rein, and now three weeks later they are trotting the horses around the indoor arena. They are experiencing the muscle pain that a jockey experiences while riding in a jockey seat, as they trot around the arena and steer their mounts through the poles.

The 1st and 2nd year apprentices were taken to Sweetdale Camp where they spent the weekend, understanding the importance of



working together as a team and at the same time, learning how to overcome and conquer their own fears – see full story later on in this newsletter.

We congratulate the following apprentices who were awarded their professional jockey licences:

- Tshwaro Appie
- Evert Pheiffer
- Juan Paul van der Merwe
- Athandiwe Mgudlwa
- Ryan Roy Curling
- Jonathan Soll

I would also like to congratulate the following apprentices:

- Andile Ngcobo and Gerrit Olwagan for securing their first winners during January
- Collen Thabana for being awarded the Gold Cap for his outstanding progress and hard work during the month of January



Collen Thabana sporting his Gold Cap



Andile Ngcobo's 1st win at Scottsville on Sunday 15 January

I would like to take this opportunity to thank Mrs Anita Akal for all her hard work in securing funding for the refurbishment of our squash court, and for the generosity of the many people who kindly made financial contributions. I am pleased to report that the renovation is almost complete, and the squash court will be officially opened by Mrs Akal on Friday 10 February 2012.

We look forward to this year and what it has to offer; we will ensure that we use our time productively and constructively. As Alexander Bell once said "*Concentrate all your thoughts upon the work in hand. The Sun's rays do not burn until brought to a focus.*"

We need to focus this year in order to achieve the goals we have set ourselves.

Best wishes

A handwritten signature in black ink, appearing to be 'Graham Bailey'.

Graham Bailey

Some important dates to remember...

DATE	ACTIVITY
Friday 23 March	1 st term ends
Monday 10 April	2 nd term starts
Friday 22 June	2 nd term ends
Monday 16 July	3 rd term starts
Friday 28 September	3 rd term ends
Monday 8 October	4 th term starts
10 – 12 October	Apprentice interviews for 2013 intake (Johannesburg, Cape Town & Durban)
Friday 30 November	4 th term ends.
Friday 14 December	Apprentices go home for Christmas Holidays

Forthcoming Events...

DATE	EVENT
Friday 10 February	Opening of the Academy's refurbished squash court
Friday 16 March	1 st Year Apprentice Variety Concert at the Academy
Saturday 14 April	SAJA Charity Race Day at Kenilworth Racecourse, Cape Town
Monday 30 April	Apprentice Fund Day & Picnic at Shongweni Dam
Friday 4 May	Cultural Day at the Academy
25 – 29 June	1 st Pre-assessment training workshops for 2013 intake
Saturday 7 July	Vodacom Durban July at Greyville Racecourse, Durban
Friday 27 July	SAJA Charity Race Day at Fairview Racecourse, Port Elizabeth
Saturday 28 July	Canon Gold Cup at Greyville Racecourse, Durban
Saturday 15 September	SAJA Charity Race Day at Turffontein Racecourse, Johannesburg
1 – 5 October	2 nd Pre-assessment training workshops for 2013 intake
Sunday 28 October	SAJA Charity Race Day at Scottsville Racecourse, Pietermaritzburg
Friday 30 November	Annual Speech Day & Prize Giving Ceremony at Greyville Racecourse, Durban

Introducing Warren Lenferna...



We are delighted to announce that Warren Lenferna joined the Academy team during January as Assistant Administration Officer. He will be assisting our Headmaster Graham Bailey and our Riding Masters with a variety of administration issues.

He will be working very closely with our Apprentices in regard to relationship building and streamlining communications with trainers, assisting them to secure race rides, race day and track duties, disciplinary and welfare issues and general Academy duties.

Warren comes from a Mauritian family but was born and raised in Stanger and then moved to Durban. He matriculated at Northwood

Boys' High and then immediately went to work in the hospitality industry for ten years.

Due to his lifelong passion for horseracing, Warren decided to leave the hospitality industry and went to work for a racing publication company called Winning Form as Racing Manager. He then worked for Ashburton based trainer Duncan Howells as Public Relations Officer and Racing Manager. He has also managed careers for various professional jockeys and acted as an agent in booking their rides.

In his spare time, Warren enjoys playing a good round of golf and spending quality time with his family and friends.

The Academy welcomes Warren and we look forward to working with him and wish him a long and happy time with us.

Introducing our 1st Year Apprentices...

Our 2012 intake consists of sixteen boys and five girls from all over South Africa. They arrived at the Academy during January with great excitement and anticipation, ready to commence their challenging five year apprenticeship.

The Academy hosted a special welcome braai and during dinner, each 1st year apprentice had to stand up in front of their fellow apprentices and Academy staff and introduce themselves.

During their first year of training, each apprentice is allocated a retired race horse which they use for riding lessons and learn to take care of the horse. Over and above the practical training offered by our riding masters, each school going apprentice (Gr. 10 – 12) will attend normal school, where they will study Stable Management, Equine Studies, Maths Literacy, Business, Consumer Studies, Afrikaans or isiZulu and Life Orientation.

Three apprentices from the 2011 intake are post matrics and will only study equines studies and stable management.

We welcome...



Shad-Lee Fortune



Tristan Godden



Sharen Naidoo



Suthvir Toolooa (Mauritian) – (Post Matric)



Mathew Thackeray



Brandon May



Ntokozo Gumede



Serino Carlisle



Jhondray Doncaster



Anthen Murthi (Post Matric)



Chantelle Olwage



Diego de Gouveia



Callan Murray



Amless Bohorun (Mauritian) – Post Matric



Wesley Marwing (Post Matric)

Teambuilding at Sweetdale...

"There is no such thing as a self-made man. You will reach your goals only with the help of others."

George Shinn

During January, our 1st and 2nd year apprentices joined forces at the Academy's annual teambuilding weekend at Sweetdale Camp, situated near Margate on the KwaZulu Natal South Coast. The apprentices were accompanied by Academy staff; Mr Graham Bailey (Headmaster), Mr Rhys van Wyk (Head Riding Master), Mr Charles Grey (Marketing Manager) and Donna van Wyk (Stable Manager).



The camp provided our apprentices with the fantastic opportunity to get to know one another and to learn how to work together as a team. The skills they gained were improved communication, project management, planning and problem solving, building on their self confidence, patience, and most important of all, to listen carefully to one another and their leaders.

The professional staff at Sweetdale organised a host of exciting and challenging teambuilding activities that tested our apprentices to the hilt in these life skills. On their arrival at the camp, the apprentices were split into two teams for the duration of their stay. These teams had to compete against each other in various activities, such as raft building, mini Olympics, a treasure hunt, orientation and a confidence building course. Group activities included morning exercises, abseiling, zip sliding and pizza making. A great time was had by all!



Apprentices building their rafts



River rafting in action



Tristan Godden zip sliding



Anthen Murthi abseiling



Jose Barnes trying out the Tower



Apprentices using a compass for the workshop on orientation



Brandon May and Sharen Naidoo confidence building and taking instruction from Roland, the owner of Sweetdale.



Apprentices making pizzas



Apprentices slide walking - mini Olympics activity

1ST Year Apprentices go Night Racing...

Our first year apprentices attended an educational visit to night racing at Greyville Racecourse on Tuesday 1 January. Gold Circle kindly provided the apprentices with their own private suite situated right on the finishing line.



1st Year apprentice pose for a picture in front of the scoreboard at Greyville

During the course of the evening, Sebastian Nkhwakwa, Senior Customer Assistant at Gold Circle escorted the apprentices to the starting pens where Paul Hepworth, Chief Starter in KwaZulu Natal, provided the apprentices with a talk on the procedures that are followed at the start of a horse race. They also witnessed the actual start of a race.



KZN Chief Starter, Paul Hepworth chats to the apprentices



Apprentices watching the horses jumping from the pens before a race

The apprentices were then escorted to the parade ring where, Raf Sheik, Gold Circle’s National Racing Bureau Manager, provided an informative talk on the jockey weigh in and saddling process and the parade ring process which included trainer instructions to the jockeys with regard to riding tactics etc. Whilst in the parade ring, they also had the great opportunity to meet Mr. Ben Jonsson, the Academy’s Honourary Vice President.



Raf Sheik chats to the apprentices about racing in general



The apprentices meet Mr Ben Jonsson, SAJA’s Honourary Vice President

Sebastian then took the apprentices to the weigh in room where our head riding master, Rhys van Wyk, provided a talk on the jockey weigh in process. The apprentices were able to watch jockeys being weighed before a race.



Mr Rhys van Wyk explains the weigh in process

They were then taken into the Stipendiary Boardroom, where Shaun Parker, Chairman of the KZN Stipendiary Stewards Board, provided an interesting talk on race day control.



Apprentices witness the stipendiary stewards in action

The apprentices then spent the rest of the evening in their private box enjoying the races. A great time was had by all. The Academy thanks Gold Circle for their kind hospitality on the night and for arranging all the interesting activities.

Apprentice birthdays celebrated during January...

🇮🇳 **Girish Goomany**

Here's wishing you a happy birthday and trust that you had an awesome day!!!



Apprentices recognized and rewarded for their riding skills...

NAME	DESCRIPTION	AWARD
Collen Thabana	Professional apprentice for the month of January	Gold Cap & Certificate

Apprentice Log Positions to Date for the Current Season...

(as at the 31 January 2011)

LOG POSITION	APPRENTICE	WINS	PLACES	RIDES	STRIKE RATE %
1	Grant van Niekerk	42	98	346	12.14
2	Nooresh Juglall	32	97	374	7.23
3	Keagan de Melo	20	55	233	8.58
4	Hennie Greyling	18	50	270	6.67
5	Gareth Wright	6	36	209	2.87
6	Neo Qaule	6	22	153	3.92
7	Anthony Andrews	5	38	214	2.34
8	Denise Lee	5	27	147	3.40

9	Stallone Lee Naidoo	5	16	115	4.35
10	Jassurick Jordaan	4	27	103	3.88
11	Donovan Dillon	4	20	98	4.08
12	Lerato Mohapi	4	6	25	16.00
13	Teaque Gould	3	23	158	1.90
14	Bryan Claassen	2	10	78	2.56
15	Justine King	2	7	56	3.57

By Karla Higgs

Apprentice Race Results – January 2012...

DATE	RACECOURSE	APPRENTICE RACE RESULTS
02/01/12	Kenilworth	Grant van Niekerk – 1 place Jason Smitsdorff – 1 place
03/01/12	Turffontein	Juan Paul van der Merwe – 3 places
03/01/12	Scottsville	Athandiwe Mgudlwa – 2 places Girish Goomany – 1 place
04/01/12	Kenilworth	Grant van Niekerk – 2 wins
05/01/12	Vaal	Hennie Greyling – 1 place
06/01/12	Fairview	Hennie Greyling – 1 win & 1 place Grant van Niekerk – 1 win Stallone Lee Naidoo – 2 places Teaque Gould – 1 place
07/01/12	Kenilworth	Grant van Niekerk – 2 places
08/01/12	Turffontein	Grant van Niekerk – 1 win & 1 place Nooresh Juglall – 1 win
08/01/12	Scottsville	Lerato Mohapi – 2 places Keagan de Melo – 1 place Donovan Dillon – 1 place Julius Mariba – 1 place
09/01/12	Flamingo Park	Nooresh Juglall – 1 win & 1 place Neo Qaule – 2 places Hennie Greyling – 2 places
10/01/12	Vaal	Nooresh Juglall – 2 places Hennie Greyling – 1 place Lerato Mohapi – 1 place Denise Lee – 1 place
10/01/12	Greyville	Keagan de Melo – 1 win & 2 places Bryan Claassen – 1 win Julius Mariba – 1 place Doctor Sifiso Lembethe – 1 place
11/01/12	Kenilworth	Gareth Wright – 1 win & 1 place Jason Smitsdorff – 1 place
12/01/12	Vaal	Nooresh Juglall – 1 win & 2 places
13/01/12	Arlington	Anthony Andrews – 1 place Teaque Gould – 1 place
14/01/12	Turffontein	Nooresh Juglall – 1 win & 2 places
14/01/12	Kenilworth	Grant van Niekerk – 1 win & 1 place Jason Smitsdorff – 2 places Gareth Wright – 1 place

15/01/12	Scottsville	Andile Mgcobo – 1 win (congrats on your 1st win Andile) Keagan de Melo – 2 places Jassurick Jordaan – 2 places Justine King – 1 place
16/01/12	Arlington	Stallone Lee Naidoo – 1 place Teaque Gould – 1 place
17/01/12	Scottsville	Teaque Gould – 1 win Julius Mariba – 1 place
18/01/12	Kenilworth	Grant van Niekerk – 3 places Jason Smitsdorff – 2 places
19/01/12	Vaal	Nooresh Juglall – 3 places Denise Lee – 1 place Hennie Greyling – 1 place Gerrit Olwagen – 1 place Neo Qaule – 1 place
20/01/12	Arlington	Stallone Lee Naidoo – 1 win & 1 place Teaque Gould – 3 places Keagan de Melo – 1 place
21/01/12	Turffontein	Nooresh Juglall – 1 win Doctor Sifiso Lembethe – 1 place
21/01/12	Kenilworth	Grant van Niekerk – 1 place
22/01/12	Scottsville	Keagan de Melo – 2 wins & 1 place Jassurick Jordaan – 2 places Donovan Dillon – 2 places Lerato Mohapi – 1 place
23/01/12	Flamingo Park	Nooresh Juglall – 2 wins & 3 places Neo Qaule – 1 place
24/01/12	Turffontein	Nooresh Juglall – 1 win & 2 places Gerrit Olwagen – 1 win (congrats on your 1st win!)
24/01/12	Scottsville	Donovan Dillon – 1 win Lerato Mohapi – 1 win Bryan Claassen – 2 places Mandla Ntuli – 1 place
25/01/12	Arlington	Grant van Niekerk – 1 win Anthony Andrews – 3 places Teaque Gould – 1 place Stallone Lee Naidoo – 1 place
27/01/12	Fairview	Stallone Lee Naidoo – 1 win & 2 places
28/01/12	Turffontein	Gerrit Olwagen – 1 place Nooresh Juglall – 1 place
29/01/12	Vaal	Nooresh Juglall – 1 win & 1 place Denise Lee – 1 place
30/01/12	Flamingo Park	Nooresh Juglall – 1 win & 4 places Neo Qaule – 3 places
31/01/12	Vaal	Hennie Greyling – 1 place Doctor Sifiso Lembethe – 1 place Denise Lee – 1 place
31/01/12	Greyville	Donovan Dillon – 1 win & 2 places Lerato Mohapi – 1 win & 1 place

		Bryan Claassen – 1 place Julius Mariba – 1 place
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Race riding apprentice career statistics as at the 31 January 2012...

3rd year apprentices

NO	NAME OF APPRENTICE	CAREER RACE RIDES	CAREER WINS	CAREER PLACES
1	Andile Ngcobo	10	1	1
2	Bryan Claassen	93	2	14
3	Donovan Dillon	130	5	27
4	Franklin Maleking	4	0	0
5	Gerrit Olwagen	38	1	4
6	Girish Goomany	9	1	2
7	Jarryd Penny	22	0	0
8	Lerato Mohapi	38	5	9
9	Mandla Ntuli	10	0	2
10	Reehaze Hoolash	11	0	0

4th year apprentices

NO	NAME OF APPRENTICE	CAREER RACE RIDES	CAREER WINS	CAREER PLACES
1	Anthony Andrews	708	34	139
2	Denise Lee	323	11	52
3	Jason Smitsdorff	80	3	12
4	Jayson Dladla	75	0	16
5	Julius Mariba	118	4	23
6	Keagan de Melo	574	39	145
7	Nooresh Juglall	1152	85	263
8	Stallone Lee Naidoo	138	6	10
9	Tshepiso Mat'soele	26	0	2

5th year apprentices

NO	NAME OF APPRENTICE	CAREER RACE RIDES	CAREER WINS	CAREER PLACES
1	Doctor Sifiso Lembethe	441	20	83
2	Hennie Greyling	972	48	196
3	Jassurick Jordaan	961	66	237
4	Justine King	290	16	45
5	Neo Qaule	477	16	61
6	Teaque Gould	461	13	94

Stats compiled by Karla Higgs

Fitness for Thought...

If you really want to reach your exercise, nutrition and health, training and fitness goals, it's time to write down clear, specific and measurable goals and commit to them. Key elements of a successful goal: be **Specific, Measurable, Achievable, Relevant and Thrilling!**

Jeremy Downing
Sports Conditioning Trainer
Surge Accelerated Sports Performance
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Ending off with a smile...



Keagan and Jayson are walking through the bush one day when a male lion suddenly appears in the clearing about 50 meters in front of them.

The lion sees them and begins to head toward them. Keagan drops his backpack, digs out a pair of takkies, and frantically begins to put them on.

Jayson says, "What are you doing? takkies won't help you outrun that lion."

"I don't need to outrun the lion," Keagan says. "I just need to outrun you."

OUR FUNDERS



The South African Jockey Academy's monthly Newsletter is compiled by Charles Grey Marketing Manager. Tel: 031 7691103. Cell: 082 454 8808. E-mail marketing@theacademy.co.za